



## Leading and Managing With Kindness A virtual 1 ½ hour workshop

### Who is it for?

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This session is designed for people managers who want to build happy, healthy, and satisfied teams. For those who wish to have more focus on human centred leadership and see improvements in their team's wellbeing as well as their productivity and effectiveness.

The session will take place over Zoom (or similar platform of your choice) and is available for up to 25 participants.

### Objectives

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By the end of the session attendees will be able to:

- Identify why Kindness is a vital trait for successful Leaders and Managers
- Explain what it is to Manage with Kindness and what it isn't
- Describe how to use our top tips to Lead and Manage with Kindness

### Overview

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This interactive and engaging session will explore top tips for how we can use our Emotional Intelligence to demonstrate kindness specifically through:

- Learning the truth about empathy and how to demonstrate it
- Building a trusting and supporting culture as a manager or leader

### Investment Required

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- £250 for up to 25 participants